

Caring for Your Newborn After Circumcision

Post Care:

After each bowel movement clean the ring and the suture. Clean thoroughly with soap and water, then dab rubbing alcohol (70%) on the suture line. For the first week, apply a thin layer of antibiotic cream on the front part of diaper. Use antibiotic cream three times daily on the healing skin for **one week after the ring falls off.**

Medication:

We recommend that you give your child acetaminophen (Tylenol) regularly for the first 24 hours post procedure. Some babies will need it on the second day as well. Please follow the medication bottle directions.

Bleeding:

A small amount of blood on diaper and clot at penis tip is normal. Bleeding that is concerning would be bleeding that drips from the penis - please place a warm wet pieces of linen on the site and hold firm pressure against for 5 minutes. If after 5 minutes the bleeding reoccurs then please seek medical attention immediately.

Infection:

Normal healing changes include bruising and swelling along the length of the penis, and possible blister at bottom of the penis from the site of anesthetic injection. The top may be red. A white scab and yellow discharge are normal. This starts to resolve after 24 hours. Infections are very rare. Signs to watch for infection however are increasing redness, or swelling after 24 hours, or your baby has a fever, sleepier, not feeding, or significantly fewer wet diapers - then please seek care in the emergency department.

Diaper changes:

Continue to change your baby's diaper as often as normal. Using alcohol helps to keep the area clean and dry – leaving the area to air dry is preferred.

Bathing:

Showers are preferred over bathing. You can start showers one day after surgery and do it routinely after.

Follow Up:

We see patients for follow up after the ring falls off or sooner if you have concerns. Please refer to clinics below to see which location Dr. Honardar is working at if you have any concerns. If you are booking your follow-up at Edmonton Trail or Seton Medical, and there are no available appointments, you can present as a walk in and be seen between appointments.

Please note South Health Maternity does not accept walk in appointments.

Red Flag Signs in Early Hours:

- Dripping blood from the ring or tip area that does not stop.
- If the colour does not change & the ring is not going back to its position easily, you should be seen the same day, or maximum the next day.
- Retraction of the ring and falling behind the tip causing swelling and change in the color of the tip from pink to blue.

This is an emergency, and you should take the infant to emergency room within 1- 2 hours.

Dr. Siamak Honardar

South Health Maternity & Wellness

#234 12100 Macleod Trail S.E. – Calgary, AB T2J 7G6

P: (403) 271-3381

Monday – 1:00 PM – 3:30 PM

Radiance Medical and Urgent Care Clinic

#100 - 10201 Southport Rd SW - Calgary, AB T2W 4X9

P: (403) 460-5663

Wednesday, Thursday, Friday & Sunday

Emergency Concerns:

Please call 911 or present to the nearest hospital