

Caring for Your Newborn After Circumcision

Medication:

We recommend that you give your child acetaminophen (Tylenol) regularly for the first 24 hours post procedure. Some babies will need it on the second day as well. Please follow the medication bottle directions.

Bleeding:

A small amount of blood on diaper and clot at penis tip is normal. Bleeding that is concerning would be bleeding that drips from penis - please place Vaseline in the diaper and hold firm pressure against for 15 minutes. If after the 15 minutes the bleeding reoccurs then please seek medical attention.

Infection:

Normal healing changes include bruising and swelling along the length of the penis, and possible blister at bottom of the penis from the site of anesthetic injection. The top may be red. A white scab and yellow discharge are normal. This starts to resolve after 24 hours. Infections are very rare. Signs to watch for infection however are increasing redness, or swelling after 24 hours, or your baby has a fever, sleepier, not feeding, or significantly less wet diapers - then please seek care in the emergency department.

Diaper changes:

Continue to change your baby's diaper as often as normal. At each diaper change drip some water from a washcloth over the tip of the penis. You may wipe everywhere else. Apply Vaseline to entire area at each diaper change for a week. When closing the diaper – point the penis up and apply diaper firmly. For the first 6 hours post procedure it is best to keep your newborn in a diaper as much as possible and change the diaper as quick as possible. Air drying will slow healing and is not recommended. If there is poop on the penis tip just wipe off gently.

Bathing:

Do not bath for the first 48 hours post procedure.

EMERGENCY Concerns:

Alberta Health Services Pager
Phone: (403) – 212 – 8223
Pager #: 10297

You can also reach Dr. Honardar at his two other clinics:

Edmonton Trail Medical Clinic (#409 - 8 Ave. N.E., T2E – 03R)
Monday, Wednesday, and Friday: 9:30 AM – 5:30 PM
Sunday: 10:00 AM – 4:00 PM
Phone: (403)-276-8711

Seton Medical Clinic (#125 – 3815 Front St. S.E., T3M-2J6)
Tuesday: 9:30 AM – 4:30 PM
Phone: (587)-393-3866