

Appointment date & time:

\$50 deposit taken on:

Remaining balance:

Reminder to bring pacifier and Tylenol

Circumcision Consent / Info / Aftercare Form

(Procedure is done at South Health Maternity & Wellness)

The PlastiBell Technique:

The PlastiBell procedure involves the placement of a plastic ring under the foreskin and over the head of the penis after separation using a probe. A suture is then tied around the foreskin, which restricts blood flow to the area. The plastic ring typically falls off within 5-7 days for infants, and 7-14 days for older children.

Pain Management:

Pain relief during the procedure is provided using a topical and injected anesthetic.

Disadvantages of this technique:

- × Risk of the skin slipping under the tie
- × The ring may retract and press against the glans (tip of the penis)
- × Potential for infection
- × Possible injury to the penis or urethra

Advantages of This Technique:

- × Reduced postoperative pain
- × Lower risk of bleeding (though not risk-free)

Risks and Complications:

While most circumcisions are complication-free, there are some potential risks, including:

- Infection or bleeding at the surgical site
 - Incomplete removal of the foreskin, which may result in excess or uneven skin that could require correction later
 - Rare instances of damage to the penis and urine tube (urethra) or penile tip (glans) though such cases are uncommon due to safety precautions
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Any family history of bleeding disorder:

Yes No

Any family history or known deformity / concern / told to follow up on your child's kidneys, penis, or urinary tract?

Yes No

Name of Child: _____

Name of Parent: _____

Signature of Parent: _____

Signature Date: _____

Dr. Siamak Honardar



Caring for Your Newborn After Circumcision

Post-Care Instructions:

- First 2 Days: Clean the string and surrounding skin with 70% alcohol 4 times per day, or whenever the area becomes soiled with stool. After day 2, discontinue the use of the rubbing alcohol.
- From Day 3 Onward (Until Doctor Visit): Apply antibiotic ointment to the shaft and tip of the penis twice daily, or after each soiling/washing that removes the cream.

Medication:

We recommend giving your child acetaminophen (Tylenol) every 4-6 for the first 24 hours after the procedure. Please bring the Tylenol with you to the appointment. Some infants may require it on the second day as well. Dr. Honardar will provide the appropriate dosage based on your baby's weight.

Bleeding:

It is normal to see a small amount of blood on the diaper or a clot at the tip of the penis. If bleeding persists or drips from the penis, apply a warm, wet cloth to the area and hold gentle, firm pressure for 5 minutes behind the ring and around the penile shaft. If the bleeding continues after 5 minutes, seek immediate medical attention.

Infection:

Normal healing may include bruising, swelling along the penis, or a blister at the base of the penis from the anesthetic injection. The top of the penis may appear red, and a white scab with yellow discharge is typical and will resolve within 24 hours.

Infections are rare; however, signs that may indicate an infection include:

- Increasing redness or swelling after the first 24 hours
- Fever
- Increased sleepiness
- Poor feeding
- Significantly fewer wet diapers

If any of these symptoms occur, seek care at the emergency department immediately.

Ring Retraction:

In rare cases the ring may retract and fall behind the tip of the penis. It may cause a decreased blood supply to the tip and cause an emergency. Please go to the emergency room or to Dr. Honardar's clinic if you have any concerns about retraction of the ring and severe swelling of the penile tip.

Diaper Changes:

Continue to change your baby's diaper as usual. Use alcohol until the end of day 2 to help keep the area clean and dry but allow the area to air dry when possible.

Bathing:

Showers are recommended over baths. You can begin showering one day after the procedure and continue routinely afterward. It is recommended to use a hand shower instead of a bathtub or sponge bath during the first 3-5 days.

Follow-Up:

A follow-up appointment is scheduled after the ring falls off or sooner if you have any concerns. Please refer to the clinics below to determine which location Dr. Honardar will be at for your follow-up. If you're scheduling your follow-up at Radiance Medical and no appointments are available, you may walk in and be seen between scheduled appointments. Please note South Health Maternity does not accept walk-in appointments.

You should see a doctor if:

- You have any questions or concerns.
- The ring falls off or is attached to a small piece of skin after 7 days.
- The ring does not fall off within 10 days.

Red Flag Signs:

- Continuous dripping blood from the ring or tip area that does not stop.
- If the ring does not return to its proper position easily and its color remains unchanged, seek medical attention the same day or by the next day at the latest.
- If the ring retracts and falls behind the tip, causing swelling and a color change from pink to blue at the tip and causing severe pain and discomfort for the baby, **this is an emergency and you should take your infant to the emergency room within 1-2 hours.**

Emergency Concerns: Please call 911 or present to the nearest hospital

Radiance Medical and Urgent Care Clinic

#100 - 10201 Southport Rd SW

P: (403) 460-5663

Tuesday, Wednesday, Friday & Sunday

South Health Maternity & Wellness

#234 12100 Macleod Trail S.E

(403) 271-3381

Monday: 1:40 PM - 4:00 PM