

Circumcision Procedure:

- This is a common procedure in which the foreskin (the skin covering the top of the penis) is removed with surgery. It exposes the head of the penis.
- Circumcision is not medically required, but studies show that it lowers certain health risks. In fact, according to the American Academy of Pediatrics (AAP), the benefits of the procedure outweigh the risks. Most parents make the decision about circumcision based on cultural, religious, or personal reasons. (Such as whether other male family members have been circumcised).
- **Benefits include:** Reduced risk of urinary tract infection in first year of life, and some consider it is easier to keep the penis clean (although boys can be taught how to properly clean the foreskin after it becomes retractable). Later in life studies show that men that are circumcised may be at lower risk of contracting STDs/HIV.
- **Risks and Complications:** Usually there are no complications or risks - but rarely complications that may occur are:
 - Infection or bleeding at the site.
 - Incomplete removal of foreskin - sometimes too much skin may be left behind - if excess skin appears uneven then a corrective procedure later in life may be needed then.
 - Damage to the penis has only been reported in rare cases as precautions taken almost always prevent this.
- **Pain control is provided with the following:**
 - Topical anesthetic ointment
 - Topical injected anesthetic
 - Sugar substance - on soother

Dr. Honardar uses the Mogen Clamp Procedure:

The Mogen Clamp technique is as follows:

- The foreskin is separated from the head of the penis with the clamp and placed between the slot.
- The clamp is held in place while the foreskin is cut with a scalpel and remains for a few minutes after this to make sure that bleeding has been controlled.

Please review the following:

Any family history of bleeding disorder:

Yes No

Any family history or known deformity / concern / told to follow up on your child's kidneys, penis, or urinary tract?

Yes No

Circumcision Post Care:

Main Instructions:

- **Leave the dressing (lubricant gauze) on for 24 hours after** the circumcision procedure.
 - The gauze usually falls off by itself within 24 hours.
 - If the gauze does not fall off on its own within 24 hours, soak it off in the bath.
- During healing please **apply a petroleum-based ointment** (such as Vaseline) to the end of the penis **after each diaper change and bath**.
 - Point your infant's penis up in his diaper to ease any swelling of the area behind the glans.
 - Your newborn infant should have a warm bath every day for one week after 48 hours. When the gauze comes off, it is normal for the penis to be discolored with small spots of blood at its tip.
 - After the circumcision, the glans may appear red or purple because the skin that was covering it is a mucous type membrane - once exposed it will become dark and thickened.
 - The glans may have yellow to white to green patches in the first few days after surgery. These are a type of scab and are completely normal. **This is normal healing, not pus.**
 - There may be swelling behind or under the head of the penis and it may look like a blister. The swelling is simply another sign of healing. It resolves in 1-2 weeks.
- Please give your child acetaminophen (such as Tylenol) for pain as per directions.
- Go to an **emergency department** if your child has excessive bleeding, signs of infection. (Such as fever or increased swelling and / or redness of skin spreading)
 - Blood stains on the diaper is common after the procedure.
 - Poor feeding and / or vomiting.
 - Difficulty with peeing - for example if diapers are less wet than usual.
- During the first 24 hours, please check for active bleeding at every diaper change. Normal bleeding appears as spots of blood no bigger than a two-dollar coin (about an inch wide).
- Every child heals differently; it can take up to a month for the penis to appear fully healed.

Please sign below indicating that you have read the above information and any questions have been answered, and that you are aware of risks and benefits of the procedure and post care instructions:

Name of Parent

Signature

Date