

What to Bring to Your Appointment?

- It is optional to give your baby Tylenol prior to the appointment.
- Your baby's Alberta Health Care card (unless you are a patient of the clinic)
- 2 diapers
- Baby Blanket

The appointment will take approximately 1 hour. Please do not bring siblings.

You will learn about after care at the appointment as well as receiving a handout on after care.